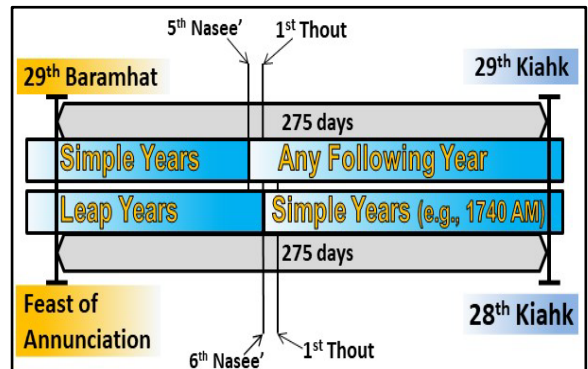
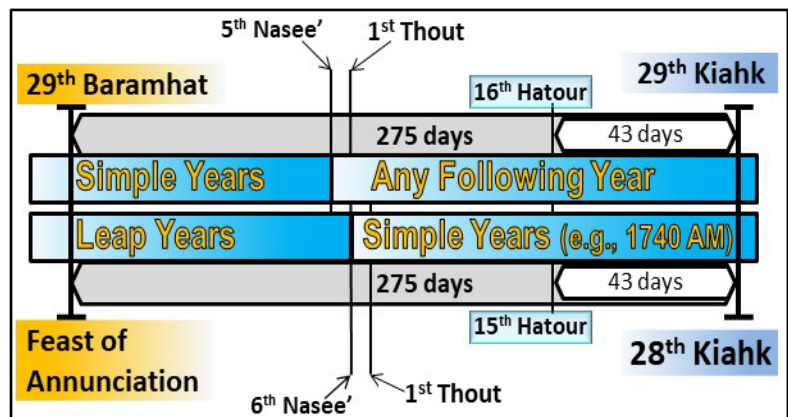


Brief Article on the Fast & Feast of the Nativity this Year & the Years that Follow Coptic Leap Years

In this brief article, I would like to shed some light on some important observations regarding the calendars, and the date of the Glorious Feast of the Nativity. As we are currently in the year 1740 AM, that is, the year that follows the Coptic leap year, 1739 AM, the Feast of the Nativity falls on the 28th of Kiahk (25th December AD 2023 Julian, 7th January AD 2024 Gregorian). In so doing, we preserve the constancy of the period between the Feast of the Annunciation, and the Feast of the Nativity, being 275 days.



Based on this then, I would like to encourage my brothers the servants, and my fathers in all clerical ranks, to pay **particular attention to this point**. In all simple years that follow Coptic leap years (divisible by 4 with no remainder, such as 1740 AM), the Nativity fast ought to start on the 15th of Hatour (25th November Gregorian), that is the commemoration feast of St. Mina the wonderworker. Thus, we would preserve the period of fasting as 43 days, and consequently the synexarium reading of the start of the Nativity fast (in other years it is usually read out on the 16th of Hatour) ought to be read out on that day. This is, understandably, in addition to the fact that the synexarium reading of the Glorious Feast of Nativity is read out on both the 28th of Kiahk, and the 29th of Kiahk (which still breaks any fast days altogether), as the latter is the principal day designated for the Feast of Nativity, on which all the ensuing events are built on on a yearly basis. Such examples are the Feast of Circumcision on the eighth day (6th Twbah, which falls on the 1st or 2nd of January Julian, the 14th or 15th of January Gregorian), and Christ's Entry into the Temple (8th Amshir, which falls on the 2nd or 3rd February Julian, the 15th or 16th February Gregorian).



❖ Disclaimer:

I had not been cognisant of the calendrical sciences to such an extent, and the differences between days and dates, with their significance, between various Christian denominations, and I therefore had not sought to present this article previously. However, my aim now is to increase the awareness of my brothers and sisters, not only in the Coptic Orthodox Church, but also all Christians everywhere in the world.

With gratitude and request for prayers for me and my family...

Dr. Fady Nabih Kamel

Psychiatry Doctor – United Kingdom

Thout 1740 AM – October AD 2023

Website: ophadece.home.blog

E-mail: ophadece@hotmail.com

YouTube: <https://www.youtube.com/c/FadyKamel>